**Quiz 6**

1. Which classification system is used by most mental health professionals in the United States of America?

a. Desperate Social and Mental Disorders

b. Determinants of Social Mental Disorders

c. Determining Statistical Manifestation of Disorders

**d. Diagnostic and Statistical Manual of Mental Disorders**

1. 20-years-old Elton inherited a predisposition to depression and was brought up by a really caring mother. Until now, Elton has avoided depression, but according to the diathesis-stress model, he may develop depression if
   1. he develops better coping strategy.
   2. he fails to seek preventive treatment before 25.
   3. he fails to recognize his genuine feelings about himself.
   4. **his mother passes away suddenly.**
2. \_\_\_\_\_\_\_\_ disorders are characterized by excessive, persistent fear and apprehension and by related disturbances in behavior.

**a. Anxiety**

b. Mood

c. Obsessive-compulsive

d. Personality

1. Gemma exhibits deficits in social interaction by not initiating conversations with other children, and she turns her head away when spoken to. Gemma probably has \_\_\_\_\_\_\_\_\_\_\_\_.

A. antisocial personality disorder

B. social anxiety disorder

C. attention deficit hyperactivity disorder

**D. autism spectrum disorder**

1. Which of the following is not considered to be an anxiety disorder?
   1. Panic disorder
   2. **Dissociative disorder**
   3. Phobia
   4. Social anxiety disorder
2. Claudia has not left her house in ten years. If she steps on the front porch she becomes so uneasy that she has to return inside. Claudia is most likely suffering from \_\_\_\_\_\_\_\_\_\_, which is a(n) \_\_\_\_\_\_\_\_\_\_ disorder.

a. depression; affective

b. agoraphobia; anxiety

c. a conversion reaction; somatoform

d. a social phobia; obsessive-compulsive

1. For the last two months Thomas has been worried that something bad is going to happen. He can't pinpoint the source of this feeling, but he is jumpy, irritable, can't sleep, and can't concentrate. His symptoms suggest that he may be suffering from \_\_\_\_\_\_\_\_\_\_ disorder.

a. dissociative

b. panic

c. generalized anxiety

d. conversion

1. Kristine and Nicole are seeing therapists for their psychological problems. Kristine constantly thinks that she is stupid and worthless, and sometimes she has thoughts of killing herself. Nicole cleans her house so much that she doesn't have time to do anything else; she realizes that her house is already clean, but she can't stop herself. Their therapists are most likely treating Kristine for her \_\_\_\_\_\_\_\_\_\_ and treating Nicole for her \_\_\_\_\_\_\_\_\_\_.

a. obsessions; obsessions

**b. obsessions; compulsions**

c. compulsions; compulsions

d. compulsions; obsessions

1. Ivan has been worried for months, but he really cannot pinpoint the source of his concerns. He is also jumpy and irritable, and has difficulty sleeping. Ivan is probably experiencing

**a. generalized anxiety disorder.**

b. a phobia.

c. panic disorder.

d. somatoform pain disorder.

1. Beverly has been diagnosed with body dysmorphic disorder. She is likely to \_\_\_\_\_\_\_\_\_\_\_.

a. give up caring about her physical appearance.

b. seek unnecessary plastic surgery.

c. lose feeling in the body part she imagines is deformed.

d. think she is attractive to every young man.

1. Bruce is usually a quiet, well-mannered man. On some occasions, however, Bruce acts like a completely different person; he becomes very angry and violent and responds only to the name Hulk. Bruce has no recollection of these recurrent episodes. Bruce probably suffers from
   1. a fugue reaction.
   2. dissociative amnesia.
   3. **dissociative identity disorder.**
   4. schizophrenia.
2. Norman is a hotel owner with a calm, laid-back style of living who occasionally "splits" into a different personality. This other personality is a cranky, violent old woman. Norman is exhibiting

**a. dissociative identity disorder.**

b. bipolar disorder.

c. schizophrenia.

d. cyclothymia.

1. Cordelia, an active duty marine, served in Afghanistan. While she was on patrol with her friend, an IED went off, killing her friend and injuring her. In the two months since her friend died, Cordelia has been jumpy, irritable, avoids talking about her friend, and once every few days experiences a flashback to the explosion. Cordelia is experiencing a \_\_\_\_\_\_\_\_ disorder.

a. antisocial personality

b. mood

**c. posttraumatic stress**

d. schizotypal personality

1. Cally is taking her psychology final exam. She is concerned that the students sitting around her can cheat by hearing her thoughts. "Everything I think is available for everyone to hear," she explains. Cally is most likely describing \_\_\_\_\_\_\_\_\_\_, which is a symptom of \_\_\_\_\_\_\_\_\_\_.

a. thought insertion; schizophrenia

b. thought insertion; bipolar disorder

**c. thought broadcasting; schizophrenia**

d. thought broadcasting; bipolar disorder

1. Since Jack's forced retirement, he has experienced overwhelming sadness and has withdrawn from his friends and family. He has gained twenty pounds and has been sleeping much more than usual. Most noticeably, he is no longer interested in participating in his life-long hobby of playing several rounds of golf each week. Most likely Jack is experiencing

a. agoraphobia.

b. bipolar disorder.

c. social anxiety disorder.

**d. major depression.**

1. If Laura has bipolar disorder, then she \_\_\_\_\_\_\_\_.

a. experiences flashbacks interspersed with depression

b. never thinks about the risk that a major depressive episode will follow a manic episode

**c. often experiences mood states that vacillate between depression and mania**

d. once started a day euphoric and ended the day tired

1. Jan's roommate, Thelma, is always bragging about how well she is doing in her classes, about how much her professors admire and respect her, and that she is destined to be a great criminal defense attorney. When Jan points out Thelma's poor writing skills, Thelma cries because Jan doesn't appreciate her immense talents. Jan and her friends get irritated with Thelma because she expects to be given special treatment by her professors and fellow students. If Thelma has a psychological disorder, it would most likely be \_\_\_\_\_\_\_\_\_\_ personality disorder.
   1. antisocial
   2. **narcissistic**
   3. avoidant
   4. schizotypal
2. Phyllis cannot be alone. Her moods and behaviors are unstable, as are her relationships with other people. She often displays inappropriate and intense anger. Recently, Phyllis wrote a suicide note and offered to show it to her husband. Which of the following diagnoses accounts for her personality?

a. antisocial personality disorder

b. avoidant personality disorder

**c. borderline personality disorder**

d. schizotypal personality disorder

1. Which of the following is true about neurodevelopmental disorders?

**a. All neurodevelopmental disorders are diagnosed in early childhood.**

b. All neurodevelopmental disorders are diagnosed in middle-aged patients.

c. All neurodevelopmental disorders are disorders of the elderly.

d. Neurodevelopmental disorders are not diagnosed in males.

1. Vincent is an artist who has stayed up painting for three days straight. Despite his lack of sleep, he feels as if he has boundless energy and his paintings reflect a very high level of creativity. Although Vincent rarely feels tired, he only becomes this energetic once in a while. Vincent is most likely suffering from

a. histronia.

b. dysthymic disorder.

c. schizophrenia.

**d. mania.**

1. Phoebe has been diagnosed with attention-deficit hyperactivity disorder (ADHD). Which statement would best describe him?

a. Phoebe does not smile, laugh, or make eye contact with anyone, and she does not tolerate being held.

**b. Phoebe is impulsive and cannot concentrate on an activity as well as other children his age.**

c. Phoebe has been misdiagnosed, as ADHD does not really exist in girls.

d. Phoebe worries constantly that she will be lost or injured or that some harm may come to her parents.

1. Which of the following statements about autism spectrum disorder is *incorrect*?

**a. This disorder can be triggered by the MMR vaccines.**

a. Exposure to environmental pollutants such as mercury has been linked to the development of this disorder.

b. Genetic factors appear to play a prominent role in the development of this disorder.

c. It is characterized by deficits in social interaction and communication.

1. What do obsessive-compulsive disorder, body dysmorphic disorder, and hoarding disorder have in common?

a. conviction that the patient herself is the cause of many people’s troubles

b. generalized anxiety and specific phobias

c. obsession with the suffering of others

**d. repetitive thoughts and urges, as well as an uncontrollable need to engage in repetitive behavior and mental acts**